



MARATHON COUNTY BOARD OF HEALTH AGENDA

Date & Time of Meeting: **Tuesday, February 14, 2023, at 8 a.m.**

Meeting Location: **Courthouse Assembly Room, B-105, 500 Forest Street, Wausau WI**

Committees Members: Michelle Van Krey-Chair, Tara Draeger-Vice Chair, Helen Luce, Katie Dively, Stacey Morache, Jennifer Aarrestad, Yee Leng Xiong, Ann Lemmer

Marathon County Mission Statement: *Marathon County Government serves people by leading, coordinating, and providing county, regional, and statewide initiatives. It directly or in cooperation with other public and private partners provides services and creates opportunities that make Marathon County and the surrounding area a preferred place to live, work, visit, and do business. (Last updated: 12-20-05)*

Marathon County Health Department Mission Statement: *To advance a healthy Marathon County community by preventing disease, promoting health, and protecting the public from environmental hazards. (Last updated: 5-7-13)*

Persons wishing to attend the meeting by phone may call into the **telephone conference beginning five (5) minutes prior to the start time indicated above using the following number:**

Phone #: +1-408-418-9388

Access Code: 2486 058 5170

When you enter the telephone conference, **PLEASE PUT YOUR PHONE ON MUTE!**

- 1. Call Meeting to Order**
- 2. Pledge of Allegiance**
- 3. Public Comment (15 Minutes)** *(Any person who wishes to address the County Board, or one of its committees, during the "Public Comment" portion of meetings, must provide his or her name, address, and the topic he or she wishes to present to the Marathon County Clerk, or chair of the committee, no later than five minutes before the start of the meeting.)*
- 4. Approval of the December 13, 2022, Board of Health Meeting Minutes**
- 5. Policy Issues for Discussion and Possible Action**
 - A. None**
- 6. Operational Functions Required by Statute, Ordinance, or Resolution**
 - A. Review Board of Health Bylaws**
- 7. Educational Presentations and Committee Discussion**
 - A. Introduction of Dr. Bhushan MD MPH FACP, Medical Director of Marathon County Health Department**
 - B. Overview of the CHIP Plan Continued: Reviewing Identified Priority of Mental Health**
- 8. Next Meeting Date & Time, Location, Announcements and Future Agenda Items:**
 - A. Committee members are asked to bring ideas for future discussion.**
 - B. Next Board of Health Meeting: Tuesday, April 11 at 8 am**
- 9. Adjournment**

**Any person planning to attend this meeting who needs some type of special accommodation in order to participate should call the County Clerk's Office at 261-1500 or e-mail countyclerk@co.marathon.wi.us one business day before the meeting*

SIGNED: _____
Presiding Officer or Designee

EMAILED TO: Wausau Daily Herald, City Pages, and other Media Groups

NOTICE POSTED AT COURTHOUSE

EMAILED BY: _____

BY: _____

DATE & TIME: _____

DATE & TIME: _____



BOARD OF HEALTH MEETING AGENDA WITH MINUTES

Date & Time of Meeting: **Tuesday, December 13, 2022, at 8:00 AM**

Meeting Location: **WebEx/ Courthouse Assembly Room (B105), 500 Forest Street, Wausau, WI 54403**

Committee Members:

Michelle Van Krey	X
Tara Draeger	X
Helen Luce	X
Jennifer Aarrestad	X
Yee Leng Xiong	X (Webex)
Ann Lemmer	X
Stacey Morache	X
Katie Dively	X (Webex)

MCHD Staff Present: Aaron Ruff (Webex), Amanda Ostrowski, Becky Mroczenski, Dale Grosskurth (Webex), Eileen Eckardt, Hannah Pinch, Hannah Schommer (Webex), Jenna Flynn, Jenny Hsu, Jessa Bokhoven (Webex), Jessica Linzmeier, Kang Chu Yang, Kerry Theime, Laura Fischer, Laura Scudiere, Rachel Klemp-North

Others via WebEx: N/A

Others In Person: Dr. Kevin O’Connell, Kim Trueblood, Lieutenant Nate Cihlar

1. **Call to Order-** Chair Van Krey called the meeting to order at 8:00 AM.
2. **Pledge of the allegiance.**
3. **Public Comment Period** – None.
4. **Approval of the October 11, 2022, Board of Health Meeting Minutes**
Motion to approve the minutes of the October 11,2022 Board of Health meeting made by Stacey Morache). Second by Jennifer Aarrestad. Motion approved.
5. **Policy Discussion and Possible Action** – None.
6. **Operational Functions Required by Statute, Ordinance, or Resolution** - None
7. **Educational Presentations and Committee Discussion**
 - A. Recognition of Medical Director Kevin O’Connell MD, prior to his retirement
Dr. O’Connell received a plaque by Marathon County Health Department. The plaque recognized the work Dr. O’Connell has done over the years as a Medical Director. Dr. O’Connell was thanked for his long-term service and commitment to public health. He thanked the Board of Health committee members and particularly expressed his thanks to the public health nurses from Marathon County Health Department.
 - B. Community Health Improvement Plan Review
Health Officer, Laura Scudiere introduced Director of Community Health Improvement (CHI), Amanda Ostrowski. Ostrowski and her team have been working on the Community Health Improvement Plan (CHIP). Scudiere shared that the CHIP plan is completed and available online.

Ostrowski explained the CHIP Plan with the board. She shared that her team of public health educators uses the LIFE report to track health data and make data driven decisions. The LIFE report is Marathon County’s Community Health Assessment (CHA). Community representatives from Healthy Marathon County Alliance and Board of Health prioritized health needs based on this data. Substance misuse, health equity, and mental health are confirmed as the biggest health priorities. Ostrowski points out that the creation of the CHIP



BOARD OF HEALTH MEETING AGENDA WITH MINUTES

was successful because of the community partners and stakeholders' collaboration.

C. Overview of the CHIP Health Priority: Substance Use

Ostrowski introduced public health strategist, Jenna Flynn, Kerry Thieme, and Laura Fischer. Flynn, Thieme, and Fischer explained that the results-based priority for substance use is for all Marathon County residents to be free from the physical, emotional, and social impacts of substance misuse. An overview of the LIFE report data trends was shared. Indicators for substance misuse, and the various strategies for those indicators decided by CHI staff and the community partners were discussed.

Questions regarding the understanding of indicators and data trends were asked and clarified. Questions regarding the operations strategies and changes in policy such as how SBIRT will be implemented were discussed and answered. Flynn pointed out that many strategies mentioned for each indicator were aligned, though different partners are working on different parts of the process. However, there is a pattern in evidence-based strategies. Fischer introduced Lieutenant Nate Cihlar from Wausau Police Department to provide a community partner reflection regarding substance use in Marathon County. Lt. Cihlar works with CART (Crisis Assessment Response Team). He also supervises school resource officers and helps with the compliance checks. Lt. Cihlar spoke to the difficulties treating the homeless population. Cihlar expresses that the data from LIFE reports is assuring because it shows an accurate reflection and complexity of the problem.

8. Next Meeting Date & Time, Location, Announcements and Future Agenda Items:

- A. Committee members are asked to bring ideas for future discussion.
- B. Next Board of Health Meeting: Tuesday, February 14 at 8 am

9. Adjournment

Motion to adjourn made by Stacey Morache second by Helen Luce. Motion approved. Meeting was adjourned at 8:56 AM.

Minutes prepared by Sam Younn, Marathon County Health Department Administrative Specialist

Marathon County Board of Health Bylaws

I. Purpose

The purpose of the Marathon County Board of Health is to provide policy-making guidance to the Health Officer, the County Administrator, and the Marathon County Board of Supervisors to provide an environment in which people can be healthy.

II. Specific Duties

In addition to those duties and responsibilities set forth in Section 2.05(17) of the General Code of Ordinances, the Marathon County Board of Health fulfills its purpose through the following specific duties:

- Assures the enforcement of public health statutes and rules
- Assures the local health department meets the requirements of a Level III health department as defined in statute
- Adopts local public health regulations to protect and improve the public's health which are no less stringent than, and do not conflict with, state statutes or the rules of the State Department of Public Health.
- Assesses public health needs and advocate for the provision of reasonable and necessary public health services
- Develops policy and provide leadership to meet public health needs
- Assures the local health department collaborates with other public health partners
- Assures accountability of the local health department

III. Membership

The Marathon County Board of Health shall consist of ~~nine-eight~~ members - at least three of whom are not elected officials. Board of Health members will demonstrate interest or competence in the field of public health or community health. The membership composition will be in keeping with Wisconsin Statute 251.02.

A quorum is defined as 51% of the current Board [membership](#). Board members who cannot attend a meeting are expected to report the absence in advance.

~~The Medical Advisor of the Health Department shall serve as an Ex-Officio member of the Board of Health. This position advises the Board, the Health Officer, and the Health Department staff on medical issues. This position shall not vote nor contribute to the quorum requirements of the Board.~~

IV. Appointment Process

Board of Health members are appointed by the County Administrator and confirmed by the Marathon County Board of Supervisors. Appointments are for five years. There are no term limits.

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V. Officers

The Marathon County Board of Health will elect officers in June of even years. Officers include Chairperson, ~~and~~ Vice-Chairperson, ~~and~~ Secretary.

The Chairperson shall prepare the agenda (in consultation with the Health Officer) and preside over all meetings of the Board of Health. The Chairperson (or his/her designee) represents the Board of Health during presentations to the County Board of Supervisors and to the media.

The Vice-Chairperson assumes all duties of the Chairperson in his/her absence.

~~The Secretary reviews and signs all official records and correspondence of the Board of Health.~~

VI. Frequency of Meetings

The Marathon County Board of Health meets ~~on a monthly basis~~ every other month. Meetings may be cancelled, but the Board must meet a minimum of four times per year. A special meeting may be called by the Chairperson or two or more members of the Board of Health.

VII. Relationship with Health & Human Services Committee

The Board of Health will work with the Marathon County Health & Human Services Standing Committee to develop County-wide policy related to health.

References:

Wisconsin Statutes, Chapter 251

Marathon County Code of Ordinances, Chapter 2, the Governing Body, Section 2.05 (1) (d)
Board of Health June 22, 2021

Adopted ~~June 22, 2021~~ DATE

Mental Health

2022-2026 Marathon County Community Health Improvement Plan



Health Educators – Mental Health



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Aaron Ruff, B.S., CHES

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Job Roles

Comprehensive
School-Based
Mental Health

Public Health
Communications



Suicide Death
Review Team

Social
Determinants of
Health



Western Marathon
County Healthy
Communities

Marathon County
Pulse

Marathon County
LIFE Report



Simple

Baking a Cake



Right **“recipe”** essential
Gives same results every time

Complicated

Sending a Rocket to the Moon



“Formulas” needed
Experience built over time and can
be repeated with **success**

Complex

Raising a Child



No **“right”** recipes or protocols
Outside factors influence
Experience helps, but doesn't
guarantees success

Source: Adapted from “Getting to Maybe”

The social sector traditionally treats problems as
simple or complicated

Public Health 1.0

- Tremendous growth of knowledge and tools for both medicine and public health
- Uneven access to care and public health

Public Health 2.0

- Systematic development of public health governmental agency capacity across the United States
- Focus limited to traditional public health agency programs

Public Health 3.0

- Engage multiple sectors and community partners to generate collective impact
- Improve social determinants of health



2022-2026

MARATHON COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN



RESULT

All Marathon County residents meet their highest potential of mental health.

Indicator

Reported Feeling Depressed (High School): Percentage of high school students who felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing some usual activities during the 12 months before

Strategies

- Advance implementation of comprehensive school-based mental health.
- Educate importance of comprehensive school-based mental health services.
- Support school-based mental health counseling.
- Explore feasibility of implementing a county-wide referral system for mental health services.

Indicator

Teens Who Reported Feeling Depressed (Middle School): Percentage of middle school students who ever felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing some usual activities.

Strategies

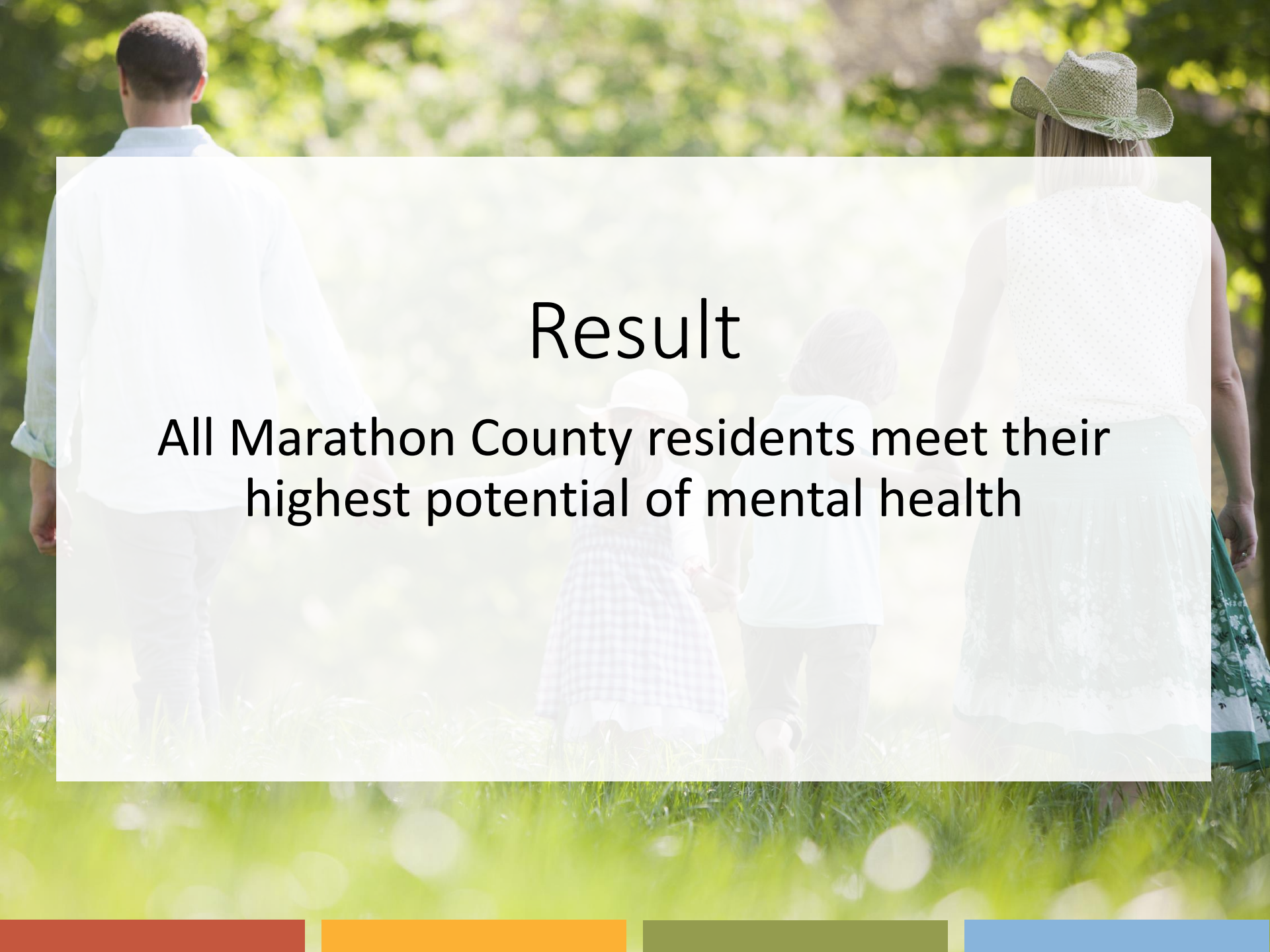
- Advance implementation of comprehensive school-based mental health.
- Educate importance of comprehensive school-based mental health services.
- Support school-based mental health counseling.
- Explore feasibility of implementing a county-wide referral system for mental health services.

Indicator

Poor Mental Health - Average Number of Days: The average number of days that adults reported their mental health was not good in the past 30 days.

Strategies

- Promote community education and trainings on mental health, mental illness, and trauma-informed care.
- Support community health worker networks within Marathon County.
- Explore feasibility of implementing a county-wide referral system for mental health services.

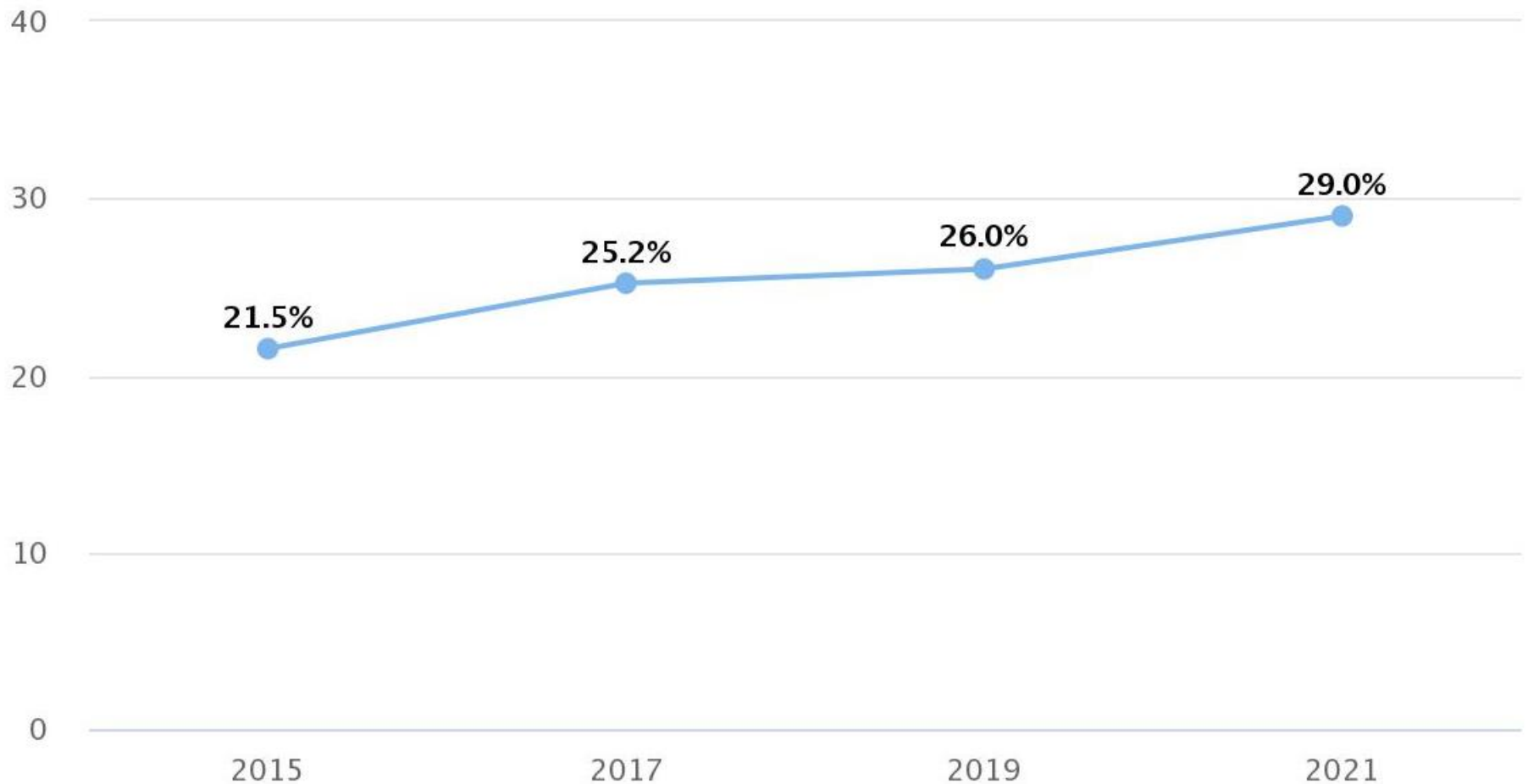
A photograph of a family of four walking away from the camera in a lush green field. On the left is a man in a light blue shirt. In the center are two children, a girl in a white hat and a boy in a white shirt. On the right is a woman in a white dress and a straw hat. The background is a soft-focus green landscape.

Result

All Marathon County residents meet their highest potential of mental health

Teens Who Reported Feeling Depressed (High School):

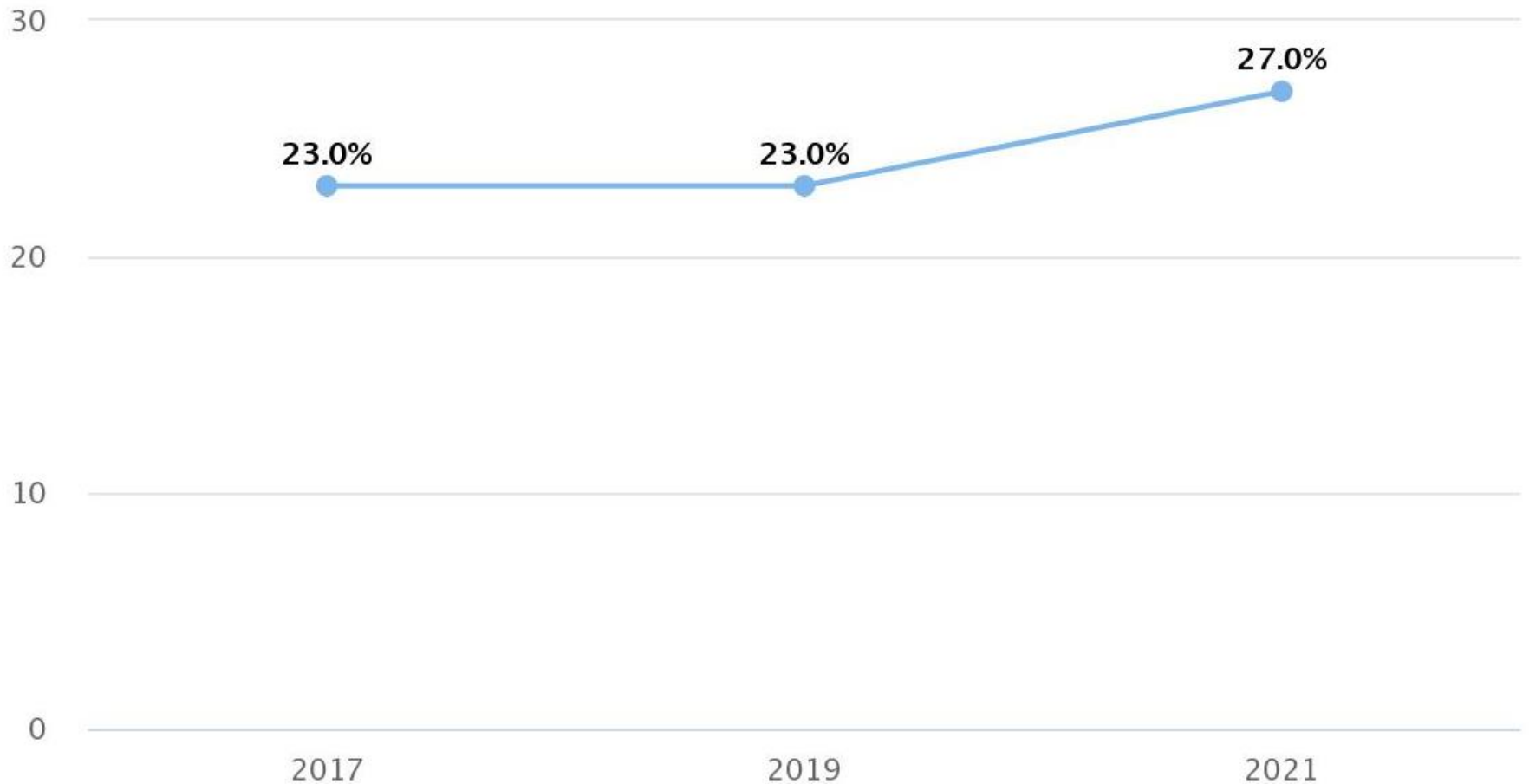
The percentage of High school students who felt so sad or helpless every day for two or more weeks in a row that they stopped doing some usual activities during the 12 months before.



Source: Marathon County High School Youth Risk Behavior Survey (2021)

Teens Who Reported Feeling Depressed (Middle School):

The percentage middle school students who ever felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing usual activities.




Source: Marathon County Middle School Youth Risk Behavior Survey (2021)

Teens Who Reported Feeling Depressed (High School):

The percentage of High school students who felt so sad or helpless every day for two or more weeks in a row that they stopped doing some usual activities during the 12 months before.

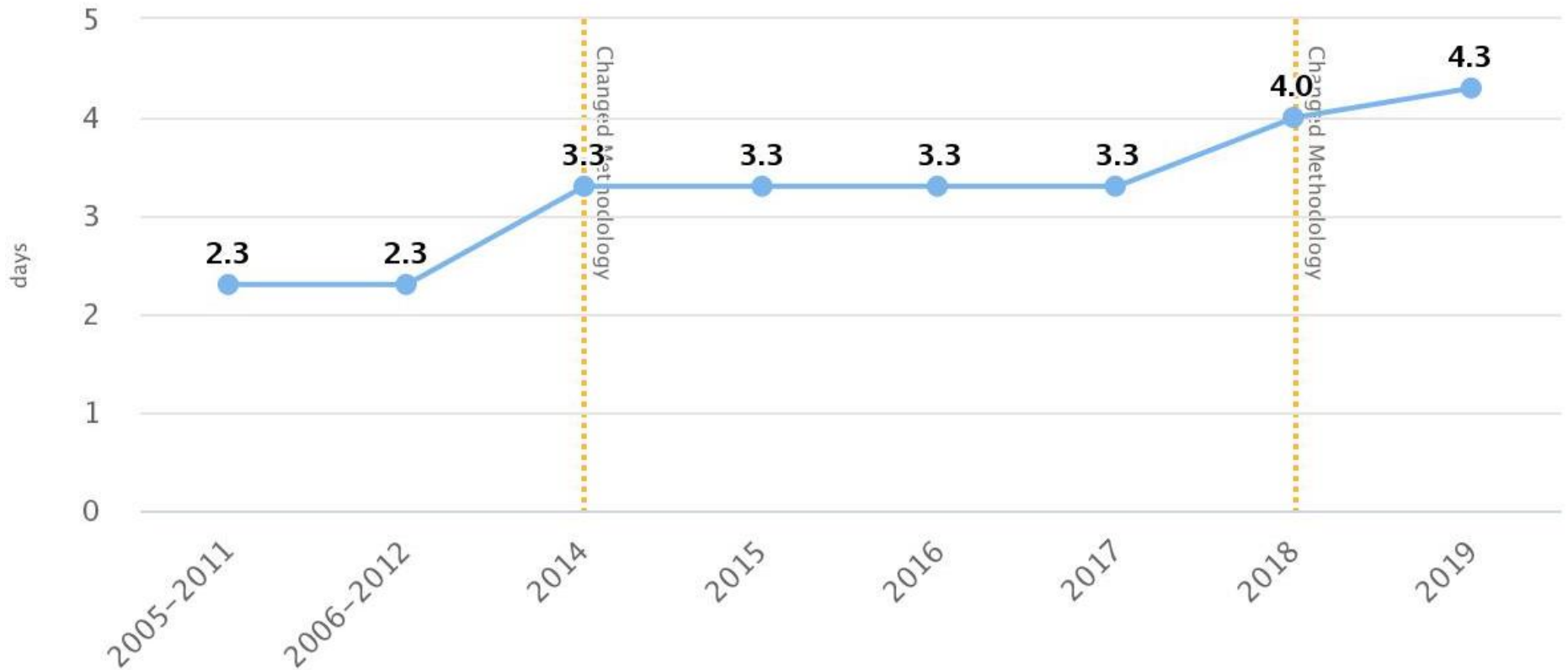
Teens Who Reported Feeling Depressed (Middle School):

The percentage middle school students who ever felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing usual activities.

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 - Explore feasibility of implementing a county-wide referral system for mental health services
- 

Poor Mental Health - Average Number of Days:

The average number of days that adults reported their mental health was not good in the past 30 days.



A new modeling technique was used to produce estimates for 2014 data. Therefore, 2014 data is not directly comparable to previous years of data.

Beginning with 2018, the CDC's BRFSS has updated their modeling procedure for producing small-area estimates.

Source: County Health Rankings (2019)

Poor Mental Health - Average Number of Days:

The average number of days that adults reported their mental health was not good in the past 30 days.

- Promote community education and trainings on mental health, mental illness, and trauma-informed care.
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Indicator

Teens Who Reported Feeling Depressed (High School): Percentage of high school students who felt so sad or hopeless every day for two or more weeks in a row that they stopped doing some usual activities during the 12 months before the survey.

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Teens Who Reported Feeling Depressed (Middle School): Percentage of middle school students who ever felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing some usual activities.

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Partner Reflections

Partners In Creating the Community Health Improvement Plan

Aging and Disability Resource Center of Central WI
Aspirus Health
Boys and Girls Club of the Wausau Area
Bridge Community Health Clinic
Center for Community Health Advancement - Marshfield Clinic Health System
Children's Wisconsin
Crisis Assessment Response Team (CART)
D.C. Everest Area School District
Edgar School District
Everest Metro Police Department
Girl Scouts of Northwestern Great Lakes
Healthy Marathon County Alliance
Inclusa
KATS (Keeping Area Teens Safe)
Marathon County Alcohol and Other Drug (AOD) Partnership
Marathon County Department of Social Services
Marathon County Health Department
Marathon County Sheriff's Office
Marshfield Clinic Health System
Mosinee School District
NAMI Northwoods (National Alliance on Mental Illness)
Nicotine Prevention Alliance of Central Wisconsin
North Central Health Care
Northcentral Technical College
Peaceful Solutions Counseling
Prevent Suicide Marathon County
School District of Athens
Stratford School District
The Cross Church
United Way of Marathon County
Wausau City Council
Wausau Community Warming Center - Catholic Charities
Wausau Police Department
Wausau School District
Wisconsin Institute for Public Policy & Service (WIPPS)

“Viewed through this lens, we can see how **mental health problems can impede achievement and why a comprehensive and integrated approach to school-based mental health is necessary.**”

Indicator

Teens Who Reported Feeling Depressed (High School): Percentage of high school students who felt so sad or hopeless every day for two or more weeks in a row that they stopped doing some usual activities during the 12 months before the survey.

Indicator

Teens Who Reported Feeling Depressed (Middle School): Percentage of middle school students who ever felt so sad or hopeless almost every day for two or more weeks in a row that they stopped doing some usual activities.

Strategies

- Advance implementation of comprehensive school-based mental health.
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North Central Health Care
Northcentral Technical College
Peaceful Solutions Counseling
Prevent Suicide Marathon County
School District of Athens
Stratford School District
The Cross Church
United Way of Marathon County
Wausau City Council
Wausau Community Warming Center - Catholic Charities
Wausau Police Department
Wausau School District
Wisconsin Institute for Public Policy & Service (WIPPS)

Health Educators – Mental Health



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YTD Disease Incidents by Episode Date

Incidents for MMWR Weeks 1 - 52 (Through the week ending December 31, 2022)

Jurisdiction: Marathon County

Disease Group	Disease	2022						Total
		Week 47	Week 48	Week 49	Week 50	Week 51	Week 52	
Arboviral Disease	Group Total:	0	0	0	0	0	0	1
Babesiosis	Group Total:	0	0	0	0	0	0	8
Blastomycosis	Group Total:	0	0	0	0	0	0	5
Campylobacteriosis (Campylobacter Infection)	Group Total:	2	0	0	2	0	0	33
Carbon Monoxide Poisoning	Group Total:	0	0	0	0	1	0	7
Chlamydia Trachomatis Infection	Group Total:	7	10	4	4	7	4	360
Coronavirus	Group Total:	206	213	237	180	167	149	19084
Cryptosporidiosis	Group Total:	0	0	1	0	0	0	12
Ehrlichiosis / Anaplasmosis	Group Total:	0	0	0	0	0	0	40
Giardiasis	Group Total:	0	0	0	0	0	0	18
Gonorrhea	Group Total:	0	2	0	0	1	1	61
Haemophilus Influenzae Invasive Disease	Group Total:	0	0	0	0	0	0	2
Hepatitis A	Group Total:	0	0	0	0	0	0	1
Hepatitis B	Group Total:	0	0	0	0	0	0	8
Hepatitis C	Group Total:	0	1	0	1	1	0	30
Histoplasmosis	Group Total:	0	0	0	0	1	0	1
Influenza-Associated Hospitalizations	Group Total:	2	7	7	7	10	8	66
Invasive Streptococcal Disease (Groups A And B)	Group Total:	0	1	0	0	0	1	17
Legionellosis	Group Total:	0	0	0	0	0	0	1
Lyme Disease	Group Total:	0	0	0	1	1	0	248
Meningitis, Aseptic (Viral)	Group Total:	0	0	0	0	0	0	1
Mycobacterial Disease (Nontuberculous)	Group Total:	0	0	1	1	0	1	14
Pathogenic E.coli	Group Total:	1	0	0	0	0	1	18
Salmonellosis	Group Total:	1	0	0	1	0	0	27
Shigellosis	Group Total:	0	0	0	0	0	0	2
Streptococcus Pneumoniae Invasive Disease	Group Total:	0	0	1	0	0	0	8
Syphilis	Group Total:	0	0	1	0	0	0	10
Transmissible Spongiform Encephalopathy (TSE, Human)	Group Total:	0	0	0	0	0	0	1
Tuberculosis	Group Total:	0	0	0	0	0	0	3
Tuberculosis, Latent Infection (LTBI)	Group Total:	1	0	0	0	0	0	31
Typhoid Fever	Group Total:	0	0	0	0	0	0	1
Varicella (Chickenpox)	Group Total:	0	0	0	0	0	0	3
Vibriosis, Non Cholera	Group Total:	0	0	0	0	0	0	1
	Period Total:	220	234	252	197	189	165	20123



YTD Disease Incidents by Episode Date

Incidents for MMWR Weeks 1 - 3 (Through the week ending January 21, 2023)

Jurisdiction: Marathon County

Disease Group	Disease	2023			
		Week 1	Week 2	Week 3	Total
Campylobacteriosis (Campylobacter Infection)	<i>Group Total:</i>	1	1	0	2
Chlamydia Trachomatis Infection	<i>Group Total:</i>	5	9	2	16
Coronavirus	<i>Group Total:</i>	152	121	93	366
Cryptosporidiosis	<i>Group Total:</i>	1	0	0	1
Gonorrhea	<i>Group Total:</i>	2	2	0	4
Hepatitis B	<i>Group Total:</i>	1	0	0	1
Hepatitis C	<i>Group Total:</i>	1	0	0	1
Influenza- Associated Hospitalizations	<i>Group Total:</i>	5	3	2	10
Invasive Streptococcal Disease (Groups A And B)	<i>Group Total:</i>	0	0	1	1
Lyme Disease	<i>Group Total:</i>	4	1	1	6
Pathogenic E.coli	<i>Group Total:</i>	1	0	0	1
Salmonellosis	<i>Group Total:</i>	1	0	1	2
Streptococcus Pneumoniae Invasive Disease	<i>Group Total:</i>	1	0	0	1
Varicella (Chickenpox)	<i>Group Total:</i>	1	0	0	1
	<i>Period Total:</i>	176	137	100	413