RETAINED COUNTY AUTHORITY (RCA) COMMITTEE OF LANGLADE, LINCOLN, AND MARATHON COUNTIES

AGENDA

Date & Time of Meeting: Thursday, June 27, 2019 at 11:00 a.m. Meeting Location: Lincoln County Service Center, 801 N Sales Street, Merrill, WI 54452 ROOM 247

In addition to attendance in person at the location described above, Board members and the public are invited to attend by telephone conference. Persons wishing to attend the meeting by phone should contact Marathon County Administration at 715-261-1400, at least 24 hours prior to the start time of the meeting for further instructions.

Committee Members: Lance Leonhard, Chair (Marathon County), Robin Stowe (Langlade County), Nancy Bergstrom (Lincoln County), Chad Billeb (Marathon County)

- 1. Call the Meeting of the Retained County Authority (RCA) Committee to Order
- 2. Approval of the minutes of the May 30, 2019 RCA meeting.
- 3. Policy Issue Discussion and Possible Committee Action
 - A. Proposal/Application for Program Creation/Modification: Recovery Coaching pursue agreement with Marshfield Clinic's RecoveryCorp (AmeriCorp) program
- 4. Educational Presentations and Committee Discussion None

5. Next Meeting Time, Location and Agenda Items:

- A. Future Agenda Items and Meeting Times
- B. Announcements

6. Adjournment of the RCA Committee meeting

Any person planning to attend this meeting who needs some type of special accommodation in order to participate should call the Marathon County Clerk's Office at 715-261-1500 or e-mail <u>infomarathon@mail.marathon.co.wi.us</u> one business day before the meeting.

SIGNED /s/ Lance Leonhard Presiding Officer or Designee

FAXED TO:	Wausau Daily Herald, City Pages,
FAXED TO:	and Other Media Groups
FAXED BY:	· · · · · · · · · · · · · · · · · · ·
FAXED DATE:	
FAXED TIME:	

NOTICE POSTED AT COURTHOUSE

BY:	
DATE:	
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THE RETAINED COUNTY AUTHORITY (RCA) COMMITTEE OF LANGLADE, LINCOLN, AND MARATHON COUNTIES MINUTES

Date & Time of Meeting: Thursday, May 30, 2019 at 10:00 a.m. Meeting Location: Northcentral Technical College (Room E101), 1000 W. Campus Drive, Wausau, WI 54401

Attendance:		Present	Absent
	Nancy Bergstrom	Х	
	Chad Billeb	Х	
	Lance Leonhard	Х	
	Robin Stowe	Х	
Ales Dresset	Michael Level euro Coudiere	Kally Kapita	

Also Present: Michael Loy, Laura Scudiere, Kelly Kapitz

1. Call Meeting to Order

The meeting was called to order at 10:00 a.m. by RCA Chair Lance Leonhard.

2. Approval of the minutes of the April 29, 2019 RCA meeting. MOTION BY STOWE, SECOND BY BERGSTROM, TO APPROVE THE MINUTES OF THE APRIL 29, 2019 RCA MEETING. MOTION CARRIED.

3. Policy Issues Discussion and Possible Action

A. Review of progress made toward 2018 and 2019 Budget Priorities

Discussion:

RCA Chair Leonhard restates the 2018 and 2019 Annual Budget Priorities set by the RCA:

2018: (1) Expanded Case Management for individuals under Court Orders, (2) Implementation of a Youth Crisis Stabilization Group Home, (3) Expansion of medically monitored treatment, (4) expansion of community based residential facility capacity, (5) implementation of a Crisis Assessment Response Team (CART), (6) evaluating the opportunity for local crisis stabilization resources in Langlade County, and (7) study the feasibility of eliminating billing for crisis services.

2019: (1) Develop a comprehensive Youth Crisis Stabilization Service Continuum, (2) Clarification and Communication of Services Provided and How they can be Accessed, and (3) Improved Data Sharing between NCHC and County Sheriff's Offices, Social Services Departments, and Schools.

Committee members discuss the progress made with respect to these priorities, noting that progress in many areas is significant, while others have proven more difficult. Members also discuss the impending Marathon County campus renovation project, HSRI Strategic Plan, medically assisted treatment program expansion, and Langlade County Sober Housing Pilot as additional projects since the setting of the 2019 priorities.

Action: None taken

Follow up necessary: None at this time.

B. Identification of 2020 Budget Priorities and Guidelines

Discussion:

Consensus emerges amongst the members that it is not feasible to ask NCHC to take on additional large projects as part of the annual budget priority setting process.

Action:

MOTION BY BERGSTROM, SECOND BY STOWE, TO DIRECT NORTH CENTRAL HEALTH CARE TO PRESENT A 2020 ANNUAL BUDGET THAT (1) ALLOCATES SUFFICIENT RESOURCES TO ENSURE THE NCHC CAMPUS REMODEL GETS UNDERWAY SUCCESSFULLY; (2) COOPERATE WITH HSRI IN STRATEGIC PLANNING PROCESS, ANALYZE RESULTS, AND DEVELOP ACTION PLANS; (3) FOCUS EFFORTS ON PREVIOUSLY IDENTIFIED PROJECTS (YOUTH CRISIS SERVICE CONTINUUM, HOUSING INITIATIVES, CLARIFICATION OF PROGRAMS AND MEANS OF ACCESS, ENHANCING DATA SHARING). MOTION CARRIED.

Follow up necessary: RCA Chair to convey priorities to North Central Health Care Board.

C. <u>Consideration of Agreement for Transfer of the Birth to 3 program from North Central Health</u> <u>Care to Marathon County Special Education</u>

Discussion:

Loy, Scudiere, and Marathon County Special Education Executive Director Kelly Kapitz update the committee on their consideration of transferring Birth to 3 to Special Education from NCHC, requesting that the committee take formal action to move the matter on to the respective County Boards of Supervisors.

Action:

MOTION BY STOWE, SECOND BY BERGSTROM, TO RECOMMEND THAT THE RESPECTIVE MEMBER COUNTY BOARDS OF SUPERVISORS MOVE FORWARD WITH CONSIDERING DESIGNATING MARATHON COUNTY SPECIAL EDUCATION AS THE "COUNTY ADMINISTERING AGENCY" FOR THE BIRTH TO 3 PROGRAM IN EACH RESPECTIVE COUNTY.

Follow up necessary: RCA members to coordinate with their respective county's a presentation by Michael Loy on this issue.

- D. Universal Facility Maintenance and Use Agreement
 - 1. <u>Update from NCHC and Marathon County regarding facility lease meeting and</u> <u>discussion of next steps</u>

Discussion:

Leonhard notes that Marathon County staff is working with NCHC staff and their respective auditors to ensure that the form facility maintenance and use agreement (lease) documents will comply with government accounting standards. Leonhard and Loy will update the committee with respect to that work as needed. Committee members offer several specific areas to examine from the most recent draft. Leonhard and Loy express they will review those areas of the agreements as the process moves forward.

Action: None

Follow up necessary: None at this time.

4. Educational Presentations/Outcome Monitoring Reports - None

A. Update on Marathon County's North Central Health Care Campus renovation

Discussion:

Leonhard and Loy provide a brief overview of the construction planning process, the facility renovations, and the preliminary phasing with respect to the project. Loy explains that the requests for proposals with respect to construction of the pool with be released in June, with the requests for proposal for the community-based residential facility and the youth hospital to follow shortly thereafter. The request for proposals for the largest phase of the project, the nursing home tower, will be shortly following the pool, CBRF, and youth hospital.

Loy explains that managing the operational logistics during the 3.5 year construction project will need to be a priority for the organization.

Follow up necessary: None at this time.

A. Delivery of Legal Services to North Central Health Care – update of progress of evaluation

Discussion:

Leonhard explains that progress on this analysis has been hampered by demands relative to other projects. Leonhard will provide a written draft of the report when it is completed.

Follow up necessary: Draft to be circulated when complete.

5. Next Meeting Time, Location and Agenda Items:

- A. Future Agenda Items and Meeting Times
 - 1. Meeting to be held on Thursday, June 26, 2019, in Merrill to coincide with NCHC Board meeting.
- B. Announcements
- 6. Adjournment of the RCA Committee meeting MOTION BY STOWE, SECOND BY BILLEB, TO ADJOURN THE MEETING. MOTION CARRIED. Meeting adjourned at 11:43 a.m.

Minutes Prepared by Lance Leonhard on June 26, 2019.



PROGRAM APPLICATION TO THE RETAINED COUNTY AUTHORITY COMMITTEE

DATE:	June 19, 2019
TO:	North Central Community Services Program Board
FROM:	Laura Scudiere, Human Services Operations Executive
	Michael Loy, Chief Executive Officer
RE:	RecoveryCorp Participation

<u>Purpose</u>

NCHC is proposing to amend a prior program application for developing a recovery coach network that can enhance the treatment needs in our community by shifting direction and move instead to enter into an agreement with Marshfield Clinic's RecoveryCorp (AmeriCorp) program.

Current Situation and Program Overview

Background (Recap)

In August 2017 the Central Wisconsin Recovery Coaching Network was launched after 28 coaches were trained in Wausau. Since that time 75 coaches have been trained in recovery coaching through ongoing trainings provided all over the state. Recovery Coaches are recommended to have one year of sobriety, but can be anyone including individuals in recovery or impacted by recovery. Coaches were trained with the intent to have ongoing trainings and support for coaches, however, the training agency that agreed to provide this was unable to fulfill that commitment.

The network existed informally with backbone support from the Marathon County Health Department's Health Educator Melissa Moore. Moore acted as a coordinator who would match individuals in recovery to a coach through a closed Facebook group. On review of this practice, it was determined that the demand and clinical acuity outweighed the ability for the health department to support the network indefinitely. Discussions with NCHC were conducted with the intent of addressing appropriate structure and clinical oversight, with the intent of NCHC becoming the coordinator of the network going forward.

Michelle Hazuka, North Central Health Care's former Community Clubhouse Director, participated in focus group discussions with recovery coaches in the Central Wisconsin Recovery Coaching Network. During those sessions they brought up ongoing concerns about lack of training, coordination, support, direction and questions about liability. While there are approximately 14 truly active recovery coaches in the network, the network itself does not have any formal support, quality control, structure, or governing body.

Further, a Memorandum of Understanding (MOU) had been signed between the Central Wisconsin Recovery Network and United Way of Marathon County's 211 with the purpose of providing a referral source to the recovery network. The MOU has since been dissolved, but United Way remains interested in making this connection for their callers and would provide a steady referral source.

Background (Updated)

In December 2018, NCHC's Board and the Retained County Authority approved NCHC to provide backbone support for the Recovery Coaching Collaborative. Members of the Collaborative's steering committee were identified and have involved participation from the following organizations: Aspirus, Haven, Lincoln County Social Services, Marathon County Health Department, Peaceful Solutions Counseling and NCHC. The goals of the committee were to provide a structure of support and training for existing recovery coaches and to provide accessibility to a quality recovery coaching program for interested parties within our three county region. Research on similar programs led to considerations that needed to be addressed as the structure for the program was built, including quality of care concerns, relapse prevention and intervention, boundary issues, and ethical responsibilities of coaches. Research on successful programming that addresses these issues led the group to explore RecoveryCorp, a program out of Marshfield Clinic Health System.

Since 2017, Marshfield Clinic Health System has placed full-time AmeriCorps members with training in the Connecticut Community for Addiction Recovery (CCAR) model of recovery coaching to serve as recovery coaches. Their focus is to reduce prescription drug, opioid, and other substance use disorders through one-on-one contact, outreach phone calls, and community education in the northcentral Wisconsin region as an extension of the HOPE Consortium. This program is called "RecoveryCorp." AmeriCorps places thousands of individuals into positions where they learn valuable work skills, earn money for education and develop an appreciation for citizenship.

Marshfield Clinic Health System (MCHS) Center for Community Health Advancement has operated AmeriCorps programs in Wisconsin since 2000. Marshfield Clinic AmeriCorps programs have consistently been ranked in the top tier of AmeriCorps programs by Serve Wisconsin. The Recovery Corps program is administered by Marshfield Clinic Health System (MCHS) in partnership with the HOPE Consortium. During the 2019-2020 program year, 20 full-time MCHS AmeriCorps Recovery Corps members will be placed with HOPE Consortium partners to focus on the reduction of prescription drugs, opioid, and other substance use disorders through one-on-one contact, outreach phone calls, and community education. Consortium members that are selected are known as host sites and will be responsible for their own member recruitment with materials and guidance provided by MCHS.

Staff from MCHS and the HOPE Consortium provide required and necessary trainings at the AmeriCorps orientation in September to prepare members for their term of service. Host site supervisors will participate in orientation in order to prepare them to manage their members and to begin development of the Member Service Plan. After orientation, members will begin providing recovery coaching services at their host site. Members will serve 35-40 hours per week, providing direct support to individuals in their communities and supporting substance abuse reduction. Members also receive a bi-weekly living allowance, health insurance, and assistance with child care costs. Upon successful completion of their term of service, members receive a \$6,015 education award. Staff from MCHS and the HOPE Consortium provides each member with education, training, and technical assistance throughout the term of service.

In May 2019, MCHS approved moving forward with assigning 5 RecoveryCorp members to Marathon, Lincoln, and Langlade Counties. Agencies participating in the Recovery Coaching Collaborative have been identified to apply as host sites for the positions, including Aspirus Wausau Hospital, Aspirus Langlade Hospital, NCHC, and Lincoln County Social Services.

Recommendation

NCHC would become the host site for up to 5 recovery coaches. The daily supervision would be provided by a newly created Recovery Services Coordinator position at NCHC, however, the majority of the clinical supervision would occur through RecoveryCorp.

All five of the coaches would be pooled together for training and weekly supervision purposes, and used to cover each other in case of relapse, sickness, or general absence. The coaches would be used for Marathon, Lincoln, and Langlade County services. Lincoln County Social Services would reimburse NCHC for the cost of the stipend. Aspirus Wausau Hospital is committed to fund one stipend, plus funding to assist with another partial stipend. Aspirus Langlade Hospital is being engaged to determine if they are able to fund a stipend as well.

When not providing coaching services, the RecoveryCorp members would be tasked with organizing ongoing trainings for the existing recovery coaches in the community. Ongoing trainings would include boundary and ethics sessions, information on new programs and services, relapse prevention and more. Work would continue on behalf of the Recovery Coaching Collaborative, and the coaches would participate actively.

Marshfield Clinic has voiced their intention to grow this program in the future, so there could be additional opportunity to host additional coaches in future years.

Marshfield has reported positive results from its first year of RecoveryCorp, with coaches gaining active employment or seeking out further education after their service year with the educational credit awarded to them.

Projected Costs

Revenues

Greenheck Foundation has donated \$20,000 to the project and has approved us to use this for RecoveryCorp stipends. Lincoln County Social Services has agreed to pay for one stipend out of grant funds related to substance use prevention. Aspirus Wausau Hospital has committed to supporting the project for \$14,600.

The RecoveryCorp positions would provide no revenue as these services would not be billed.

Expenses – Personnel

5.0 FTE RecoveryCorp Coaches: Total Cost of \$40,500 (\$8,100 per Coach)

Other Expenses

 Supplies:
 \$100

 Cell phones:
 \$150

 IT Support:
 \$3,258

 Computer:
 \$1,800

 Travel
 \$5,400

 Total:
 \$10,708

Net Operations (Year 1)

 Revenue:
 \$42,700 (grant funding)

 Expenses:
 \$51,208

 Total:
 (\$8,508)

Financial Implications

Aspirus Langlade County is reviewing their participation. Should they decide to move forward, the remaining stipend would be granted to NCHC. If grant funds are not secured, NCHC would choose not to hire the 5th RecoveryCorp member.

Grants will be sought for event costs for any trainings or educational sessions that are generated out of the existing collaborative.

Risk Factors

- 1. If a RecoveryCorp member is unable to serve due to illness, absence, or termination after they have been trained, the host site is unable to rehire for the position until the following year and the stipend is not refundable.
- 2. Volumes of referrals outpaces the ability for the 5 coaches to assist.
- 3. Host site is unable to recruit a member prior to the orientation session deadline in September 2019 (host agency does not provide a stipend in that situation).
- 4. The program is operated by Marshfield, so if it is modified, discontinued, or the funding for the program is lost, then it would impact NCHC's ability to retain coaches through RecoveryCorp.

I. Summary of Other Factors

Impact on Other NCCSP Programs

- This collaboration would enhance the continuum of service provided by North Central Health Care currently
- This could be a feeder of staff into our existing clinical treatment teams and an effective referral system into existing treatment modalities
- Opportunity to increase collaboration between treatment modalities and provide enhanced transitions of care within NCHC's existing system
- Recovery Coaches work outside of normal business hours, which provides more access to support
- Potentially would increase patient's follow through on treatment programming, decrease no show rates

Implementation Milestones

- Approval by NCHC Board and RCA (June 2019)
- Host site application submitted and approved (July 2019)
- Members recruited (August 2019)
- Members trained (September 2019)
- Members conduct coaching sessions in the community
- Members hold 2 training sessions for community-based collaborative

II. Summary of Impact on Member County Programs and Resources

Impact on County Programs

- Increased coordination of recovery focused services within the three county region
- Supporting existing coaches, who are within county-based systems (OWI Court, hospital settings)